



DAY RETREAT 2024 REGISTRATION

Attach a separate form for each person registering.

Name: _____

Phone: _____

Email: _____

Emergency Contact Name: _____

Emergency Contact Phone: _____

Include me on the Antioch Women email list.

LUNCH OPTIONS *(choose one)*

Each box includes kettle chips, baked cookie and fresh whole fruit.

Chicken Club Sandwich Box

Grilled chicken breast, crispy bacon, Bibb lettuce, tomato + herbed mayonnaise on sourdough bread.

hold the bacon

Salmon Caesar Salad Box

Blackened salmon with romaine lettuce, shaved parmesan + homemade Caesar dressing.

GF: includes GF chocolate chip cookie and no croutons

Southwest Salad Wrap Box

Roasted corn salad with black beans, romaine lettuce and avocado in a spinach wrap, and salsa dipping sauce (veg)

List any special needs or allergies (if applicable): _____

CARPOOL

I am interested in carpooling.

Area carpooling from *(i.e., city, neighborhood, etc.)*

 I can drive and can take _____ (# of people).

I would like a ride.

PAYMENT

For confidential information regarding payment options and scholarships, please contact Tara Bottorff at retreat@abchurch.org.

Early Bird - \$60 (Sun, January 7th – Sun, January 21st)

Regular - \$70 (Mon, January 22nd – Thurs, February 15th)

Student (high school and college) - \$50

I would like to donate \$_____ to the **scholarship fund**.

TOTAL REGISTRATION COST DUE \$ _____

I am paying by:

Cash

Check # _____ Payable to *Antioch Bible Church*

* **Credit Card** - please register online *(fee added to online registrations)*

TO REGISTER ONLINE

abchurch.org/womens-retreat